

Zborowski Emotionality Scale
(Adapted by Lipton)

Please enter a check mark in the box that best indicates how strongly you agree or disagree with each of the following statements. Use the prior one month as the time frame for considering each statement.

		Agree strongly	Agree somewhat	Disagree somewhat	Disagree strongly	Not applicable
1	I very rarely, if ever, lose control of myself when I have to describe to others how the pain in my face feels.					
2	I like to be alone when I am suffering from face pain.					
3	I can take pain.					
4	I never cry or moan from my face pain.					
5	It does not do any good to complain about face pain – I try to bear it. It is something that no one else can fight for me.					
6	I try to hid pain when I am in front of my family and friends.					
7	I often become very emotional when I describe the pain in my face to others.					
8	I cannot hide pain in my face when I have it. I must complain or do something to show it, no matter who is around.					
9	When the pain comes to my face, it brings tears to my eyes.					
10	When I have pain in my face, I want others to be around me.					
11	If the pain in my face really becomes bad, I may moan or even scream.					

Items 1-6 denote “Stoicism”, while items 7-11 denote “Expressiveness”.